



March 2009

With the urging of family and a bit of soul searching ... I decided to go to anger management.

My co-pay is \$40.

So the whole time I am in anger management therapy, I am pissed off that I just had to spend 40 bucks to sit in there.

Doesn't that defeat the purpose?

So when I was waiting for my 'therapy' session, I was looking over the magazines in the doctor's office, and two People magazine covers caught my eye:

1. Peter Jennings, His Brave Last Days ...

Does anyone ever have 'cowardly last days'?

2. Heather Locklear: Behind Her DUI Arrest ...

Hmmm ... alcohol?

Moving on ...

Have you seen these commercials for Cash4Gold.com? You send in your old gold, jewelry, coins, fillings ... whatever and they melt it down and send you a check.

Hmmm, they were going to go with FencingYourLoot.com or SendUsYourStolenShit.com, but they weren't getting as many hits ...

Congratulations to Sean Penn for winning the Best Actor Oscar for Milk. We now live in a world where Jeff Spicoli has two Academy Awards ... who knew?

In February a woman in Connecticut was mauled by her friends Chimpanzee. Charla Nash, 55, (yes Alicia, it's spelled Charla) was attacked by her friends pet chimp, Travis.

Nash lost her nose, upper and lower lips, eyelids and both her hands in the attack. As well as the bony structures in her mid-face. The attack also left her with brain damage.

I guess this is where we get the old saying ... "owning a chimp is fun until it rips your friends face off"

Seriously though ... reading this report ... they were giving this monkey, Xanax, which wasn't prescribed to him, to calm him down.

So they have this doped up wild animal living in fucking Connecticut ... and it goes, for lack of a better term ... APE SHIT!

A wild animal, acting wild ... no shit.

Which brings up two other animal tales that have caught my attention over the last couple years.

These 3 dipshits go to the San Francisco Zoo and decide to taunt the tigers. Well one of the cats gets pissed ... finds it's way out the the enclosure and hunts these mofo's down. Killing one of 'em and injuring the two others.

Good for the tiger.

I like this one, cuz imagine when you were thinking about how you would end up dying ... you thought of all the possibilities ... made a list: 1. heart attack 2. cancer 3. car accident ... I wonder where 'mauled to death by tiger at the SF Zoo' was on that list? 1723. abducted by aliens and killed on their home planet 1724. killed by tiger at San Francisco Zoo 1725. died in the Jungle Room at Graceland having sex with Lisa Marie Presley 1726. died while ...

And thirdly (is that a word?) ... The Grizzly Man ... self proclaimed 'Bear Whisperer' ... Timothy Treadwell, who against warnings, lived amongst grizzly bears for 13 summers. Timothy believed he had a special bond with the animals ... singing to the bears and reading them poetry.

How does Timothy, the Bear Whisperer, meet his demise ... killed by a grizzly bear.

Huh ... didn't see that one coming.

Plus, his girlfriend was also killed ... what a tool.

I more than understand the bears actions: if some guy came to my house, uninvited, every summer for 13 summers, singing fucking songs and reading me goddamn poetry ... I'd probably snap and kill him too ... wait ... scratch the 'probably' ...

A SINacle moral ... you can take the animal out of the wild, but you can't take the wild out of the animal.

All three of these animals, the chimp, the tiger and the bear where killed by man after the attacks.

Why? Because they were acting like a chimp, a tiger and a bear?

In researching the facts on these stories, I came up with this scary stat: there are over 7,000 privately owned tigers in the United States, under 500 tigers in zoos. Tiger cubs can be purchased for as little as \$300.

THIS IS FUCKING SCARY!

Hey, jackass ... yeah you ... we are all so impressed that you have that 15 foot python or that baby crocodile or that wolf or whatever the fuck you think is cool ... but you know what man ... someday that shit is gonna bite you right in the ass ... just like the Grizzly Man ...

and you know what else ... I am gonna write about it and laugh my goldfish owning ass off ...

Okay ... I retired the Soap Box years ago ... but sometimes man ... I mean, goddamn ...

Boy, I wish I would have paid more attention at anger management ...okay, moving on ...

Paul Sorvino stars in a movie with Paris Hilton. (Repo! The Genetic Opera) ... What?

How do you go from being the boss in Goodfellas to working alongside Paris Hilton?

Scorsese, DeNiro ... Hilton? Say it ain't so Paulie, say it ain't so ...

No truth to the rumor that Sorvino is doing a buddy comedy with Coolio ...

Baseball season is just around the corner and I saw this: a study was done, finding the most vegetarian friendly baseball stadiums ... 3. Seattle 2. San Francisco ... and Number One: Philadelphia.

Philadelphia? ... people must be getting extra peppers and onions on those cheesesteaks.

Do you realize that if you substitute surfboards for street racers, The Fast and the Furious is the same movie as Point Break.

I watch LOST ... since it came on the air ... but I am wondering ... LOST ... does that describe LOST on an island, LOST in time ... or LOST for the hapless viewer just trying to keep up with what hell is going on?!?!?

I need fucking notes just to make the first commercial break ...

The Octa-mom ... that crazy welfare chick with 6 kids that was artificially inseminated to get pregnant and had 8 more ... was offered one million dollars by Vivid (porn company) to star in a porn film.

What is wrong with this picture?! (so much, but wait there is a point)

She didn't even fuck to get pregnant and now you are going to pay her a million bucks to fuck on film?
!

The irony! Oh my sweet lord ... SOCIETY IS CRUMBLING!!!

[I have written this before but again, why is porn legal and prostitution illegal?](#)

[I was listening to Adam Carolla \(by the way, check out his podcasts\) and he had porn star Tera Patrick on there. He asked her how much she would charge if someone wanted to have sex with her? She danced around a bit, but they came up with a number ... but the point is ... why can Tera Patrick get paid to fuck in front of a camera, but if she got paid to fuck just for the hell of it, that would be prostitution and be illegal?](#)

[Someone explain, please ...](#)

I heard this on the radio ... everyone is wetting themselves because Maurice Clarett, ex college/pro running back, is using his prison time to read and learn and better himself ...

So, does that mean you have a better learning environment in prison than you did at Ohio State University? Nice commentary on OU.

[Do yourself a favor, check out a comedian named Bill Burr ... funniest cat I have seen since Robert Schimmel came up or maybe even going back to Bill Hicks.](#)

I was watching a show on Travel Channel called Man vs Food ... where this guy travels to the best 'pig out' places in the country, places where you can eat 95 oz steaks and 9 pound burritos etc.

Two things ... I was watching one where he had to sign a waiver before he ate some insanely hot chicken wings.

I don't know much, but I do know, if I have to sign a waiver before I eat something ... I am probably gonna stick with the Captain Crunch.

Second ... and this is my favorite ... is there a more disturbing term than 'meat sweats'?

When these guys eat so much meat they start sweating and they always refer to it as the 'meat sweats'.

Just a wonderful term ... right up there with the worst word in the English language: ointment.

Nothing good is ever associated with the word: ointment.

[Okay, gotta run ... I have a raging case of the 'meat sweats' and I need to go pay the doctor \\$40 to get some ointment ...](#)

- Until Next Time - SEM



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